



# JUNIOR TENNIS

## Winter 2024



### Santa's Sneaky Junior Camp

🟡 A 2-Day Christmas Tennis Blitz at The Club at The Township! 🟡  
December 26 & 27  
12:00 - 1:30pm: Tennis Drills & Fun Games (all levels & ages)  
1:30 - 3:00pm: Snack & Match Play  
3:00 - 4:00pm: Pickleball Drills & Mini Games

**Fees:**  
\$25/Tennis Session  
\$20/Pickleball Session  
\$60 All-Day Pass  
(+ \$5 Guest Fee/Day)

Don't miss the holiday fun. Sign up now! Contact Noel Brantley at (870) 310-8499  
✨ Spots are limited—reserve yours today! ✨

### Games Galore

Green dot ball and yellow ball, grouped by level  
Challenging and fun game-based fitness & drills  
\$20/day (+\$5 non-member) see below for discounts  
No registration; just show up

Member charges made and non-member payments due Thursday of each week

**Dec 3 - Jan 30**

**Tuesday & Thursday ..... 4:00pm - 5:00pm**

**Junior Program Discounts**  
Sibling Discounts: 20%

**The Club at The Township Tennis Center**  
**(601) 856-0220**



# ADULT TENNIS

## Winter 2024



\*\*\* Winter programs start December 3 \*\*\*

### Drills & Games

No registration, just show up  
Members \$20/hr \$25/1.5hr (+\$5 guests)

2.5 - 3.5	<b>Tuesday</b> .....	6:00pm - 7:00pm
2.5 - 3.5	<b>Thursday</b> .....	6:00pm - 7:30pm
3.0 - 3.5	<b>Friday</b> .....	9:00am - 10:00am
2.5 - 3.5	<b>Saturday</b> .....	9:00am - 10:30am

### Champs & Challengers Socials

Must register on "The Club Racquets" app  
Text Frenchie who your partner is (571-220-4013), or we'll find you a partner  
You'll play with your partner the whole event  
\$25 (+ \$5 guests)

**Thu, December 5**    **3.5+ doubles (gender neutral)** .....6:00pm - 8:00pm

### Cardio Tennis

On request (schedule with any of our pros)  
Group size 5-8 players  
Heart-pumping fitness on the court. Hit a ton of balls & get a great workout.  
Warm-up, drills, games (specific to USTA Cardio Tennis)  
Regular group lesson fees for each pro

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# PICKLEBALL

## Winter 2024



\*\*\* Winter programs start December 3 \*\*\*

### Pickleball Clinics

Open to beginner to intermediate players  
The most fun, right way to get started  
Learn technique and strategy  
Call Diane (601) 850-6626 or Peggy (330) 353-6161 to register  
Wednesday clinic with Neil, just show up  
Members \$20 (+\$5 guests)

- With Diane 2.0-3.0 Tuesday** ..... 9:00am - 10:30am
- With Neil 3.5+ only Wednesday** ..... 10:00am - 11:00am
- With Neil 3.4- Wednesday** ..... 11:00am - 12:00pm
- With Peggy 2.0-3.0 Thursday** ..... 5:30pm - 7:00pm

### Champs & Challengers Socials

Must register on "The Club Racquets" app  
Text Frenchie who your partner is (571-220-4013), or we'll find you a partner  
You'll play with your partner the whole event  
\$25 (+ \$5 guests)

- Thu, December 5 3.5+ doubles (gender neutral)** .....6:00pm - 8:00pm

### Open Play

No charge for members; guests \$10 (max 2x/month)  
Players must come off court when done with one game to 11 (win by 2)  
Whiteboard rotation system used to ensure play for all, and enables players of similar levels to play together

- Tuesday** ..... 6:00pm - 8:00pm
- Wednesday** ..... 10:00am - 12:00pm
- Saturday** ..... 10:00am - 12:00pm
- Sunday** ..... 3:00pm - 5:00pm



## Pickleball 6 Week Clinics

8-12 players. 2 coaches. 1 hour lesson, ½ hour supervised play.  
All weeks will integrate the “body is the driver, turn & load, rotate & rise,  
Newton’s Law of Pickleball” method of modern, advanced play.  
Prepay \$120 (+\$30 non-members). Sign up in the Pro Shop.

### 2.0 - 2.5

- Week 1&2: Intro to pickleball, the best way to get control
- Week 3&4: Dinks & drops
- Week 5&6: Serves, returns, groundstrokes
  
- Week 7&8: Getting to the kitchen
- Week 9&10: Winning in the kitchen
- Week 11&12: Gaining depth on groundstrokes, serves & returns

### 2.5 - 3.0

- Week 1&2: The best way to get control, how to think about technique
- Week 3&4: Height & speed on dinks & drops
- Week 5&6: Serves, returns, groundstrokes
  
- Week 7&8: Patience in the short game
- Week 9&10: Transitioning forward on returns and drops
- Week 11&12: Drive power

### 3.0 - 3.5

- Week 1&2: Dinks, mosquitos, rapid fire volleys
- Week 3&4: Cinnamon rolls, 3<sup>rd</sup> shot drops
- Week 5&6: Serves, returns, drives
  
- Week 7&8: Poaching at and on the way to the kitchen
- Week 9&10: Slowing the game down to win, resets
- Week 11&12: Creating more topspin

### 3.5 +

- Week 1&2: Different dinks, mosquitos, rapid fire volleys
- Week 3&4: Cinnamon rolls, cinnamon swirls, 3<sup>rd</sup> shot drops
- Week 5&6: Serve variations, return variations, shake & bake
  
- Week 7&8: Changing direction at the kitchen
- Week 9&10: Resets, staying calm
- Week 11&12: Underspin, sidespin

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